

When: 10-11 am registration

Where:

This is our first annual Brattleboro Buddy Walk. It will begin at the common in Brattleboro, VT which is located just above the Brattleboro Retreat at the intersection of routes 30 and 5.

History:

The Buddy Walk® was established in 1995 by the National Down Syndrome Society (NDSS) to celebrate Down Syndrome Awareness Month and promote acceptance and inclusion of all people with Down syndrome. Today, the Buddy Walk® is supported nationally by NDSS and many local organizations. Since 1995 the Buddy Walk® has grown from 17 walks to more than 275 in 2008. As many as 235,000 people participated in walks recently across the country and around the world. These walks raised more than \$10.5 million to benefit local and national education, research, and advocacy initiatives.

Winston Prouty Center for Child Development

The Winston Prouty Center for Child Development provides inclusive education and family support to promote the success of children and families. The Center has two distinct yet connected programs, the Family Infant Toddler Program and the Early Learning Center. The Family Infant Toddler Program is the statewide Part C services to Vermont families with infants and toddlers who have either a developmental delay or a medical condition that may affect development. The Early Learning Center is an early care and education program with a focus on the integration of children with unique learning styles and abilities. Our goal is to let children learn and build relationships with other children and adults. We embrace the ability of young children being able to accept each other in ways we often lose as we grow older. The Early Learning Center has recently been re-accredited by the National Association for the Education of Young Children. Our accreditation by NAEYC shows that our program meets the 10 NAEYC Early Childhood Program Standards. For more information, visit the NAEYC website at www.naeyc.org.

Getting organized

Start by registering for the walk. (You and your family and friends can register either by mail, phone or at www.winstonprouty.org. It is a fast and easy way to get the process going.)

- Recruit friends, families and other buddies to be on your team and get them registered.
- Ask other friends, family members and co-workers to sponsor you for the walk.
- If you are using the pledge form be sure to have all donations made out to The Winston Prouty Center.
- Bring your donations to the walk.

Our goals for this Buddy Walk are:

1. to bring people together throughout the region for a fun day of sharing and support;
2. to promote acceptance and inclusion of all people with Down syndrome;
3. to raise funds for the Winston Prouty Center and support its mission for inclusion of individuals of all abilities.

Who are buddies?

Whether you have Down syndrome, know someone who does or just want to show your support, come and join the Buddy Walk. Buddies are:

- Family members
- Co-workers
- Teachers
- Medical professionals
- Youth organizations
- Friends
- Neighbors
- Students
- Civic organizations
- Businesses

How to raise \$500 in 7 days

- Day 1: Start by sponsoring yourself for \$25
- Day 2: Ask 3 family members to sponsor you for \$25
- Day 3: Ask five friends to donate \$15
- Day 4: Ask five co-workers to sponsor you for \$10
- Day 5: E-mail 15 people and ask for \$10 donations
- Day 6: Ask your company for a \$75 contribution
- Day 7: Ask two businesses you frequent for \$25

Events

- Music
- Dancing
- Food
- Kids' activities

Volunteers

To find out more about how you can help out visit www.winstonprouty.org.

On site registration

Registration will be from 10:00am until 11:00. All pre-registered walkers will pick up their free t-shirt at that time. Walk in registrations are welcome.